



MEDICAL DEVICE  0482

## INSTRUCTIONS FOR USE

**Medistus® Antivirus Lozenges** with Kistosyn® 200 extract.

For the prevention of infectious and inflammatory respiratory diseases of viral and bacterial origin by physical (mechanical) barrier formation on the oral and pharyngeal mucosa.

**For adults, adolescents and children from 6 years old.**

### Dear Patient,

Please read this leaflet carefully because it contains important information that you should bear in mind when using this product. If you have any questions, please ask your doctor or pharmacist.

### What Medistus® Antivirus Lozenges contain

Composition: 1 lozenge contains 840 mg Kistosyn® 200 extract (composed of gum arabic, Cretan rock-rose (*Cistus creticus*) extract, buchu leaf (*Agathosma betulina*) extract, Chinese blackberry leaf (*Rubus chingii* var. *suavissimus*) extract).

*Other ingredients:* maltodextrin, maltitol, sorbitol, ascorbic acid, citric acid, apricot flavour, blackcurrant flavour, medium chain triglycerides, stevia extract, peppermint oil, purified water.

### When are Medistus® Antivirus Lozenges used?

The lozenges are used for the prevention of infectious and inflammatory respiratory diseases of viral and bacterial origin by physical (mechanical) barrier formation on the oral and pharyngeal mucosa.

The Kistosyn® 200 extract contained in Medistus® Antivirus Lozenges forms through its na-

tural active substances a protective film over the oral and pharyngeal mucosa. This protective barrier leads to a physical (mechanical) protection against viruses and bacteria causing respiratory infections, which helps prevent their penetration into body cells and their further propagation.

### When to take care with using Medistus® Antivirus Lozenges

Do not take Medistus® Antivirus Lozenges if you are allergic (hypersensitivity reactions) to *Cistus creticus*, buchu leaves, Chinese blackberry leaves, gum arabic, peppermint flavour or any of the other ingredients of this medical device.

Use of lozenges in children is only recommended starting from 6 years of age.

The lozenges may pose a choking risk for children when unable to dissolve them in the mouth. Particular care should be taken for children.

Medistus® Antivirus Lozenges contain 0.5 g maltitol and 0.4 g sorbitol in each lozenge.

If you have been told by your doctor that you have an intolerance to some sugars (the product contains sugaralcohols), contact your doctor before taking this medical device.

Sorbitol may cause gastrointestinal discomfort and mild laxative effect.

Medistus® Antivirus Lozenges contain menthol and cineol as components of the buchu leaf extract.

### Can Medistus® Antivirus Lozenges be used during pregnancy and breast-feeding?

In the absence of sufficient data, the use of this product during pregnancy and breast-feeding is not recommended.



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### How to use Medistus® Antivirus Lozenges

#### Dosage:

Adults dissolve one lozenge slowly in the mouth 3 to 6 times a day.

Children older than 12 years (and with at least 25 kg body weight) dissolve one lozenge slowly in the mouth 3 times a day.

Children older than 6 years of age dissolve one lozenge slowly in the mouth once daily.

### Interactions with other medical devices and other forms of interaction

To avoid interaction with other medications, leave a 2-hour interval between the intakes or a physician should be consulted.

### Possible side effects

There are no known side effects.

### Overdose

Excessive overdosing of Medistus® Antivirus Lozenges may lead to laxative effects due to the content of sugar substitutes (sorbitol and maltitol).

If there is no improvement 2 - 3 days after starting using Medistus® Antivirus Lozenges or if the symptoms worsen significantly (e.g. in case of fever), a physician should be consulted.

### What shelf life and storage instructions must be observed?

The expiry date is printed on the carton and blister. Do not use this pack after this date.



Store in a dry place.  
Do not store above 25°C.

Medistus® Antivirus Lozenges can be disposed of with the regular household waste.

### In which pack sizes are Medistus® Antivirus Lozenges available?

Packs of 10 lozenges.



#### Manufacturer

HÄLSA Pharma GmbH  
Maria-Goeppert-Straße 5  
D-23562 Lübeck  
Germany

### Owner of product rights:

Innopharm GmbH  
Hauptplatz 1  
A-7350 Oberpullendorf  
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### Distributor:

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**Keep out of the sight and reach of children.**